### St. Wenceslaus Catholic Church National Shrine of the Infant Jesus of Prague

and

St. Michael Catholic Church in Meeker



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Pastor and Rector: Rev. Christopher Hai Tran

#### Lenten 2025 Schedule

Ash Wednesday Mass - The First Day of Lent Wednesday, March 5, 2025

9:00am – Mass and anointed with ashes during Mass Adoration follows Mass

12:00 Noon - Prayer service and anointed with ashes

Confessions will be offered immediately following Mass. From Tuesday to Saturday.

Stations of the Cross every Friday before Mass.

**Fasting:** Eat only one meal and two "snacks" which together are less than a full meal. All healthy Catholics from age 18-59 are expected to observe this practice on Ash Wednesday and Good Friday.

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# Bulletin **Lenten 2025**



#### MASS SCHEDULE

Daily Mass & Holy Hour

Tue.-Fri., 9am

1st Sat., 9am

Sunday Mass

Sat. (Vigil), 5pm

Sun., 11am

No Mass on Mon.

#### **CONFESSIONS**

Sat. after 5pm Mass
Daily during Holy Hour
(or by appointment)

#### SHRINE HOURS

Tue.-Fri., 8:30am-3pm Sat., 4-6pm (+ 1<sup>st</sup> Sat., 8:30-10:30am) Sun., 10am-2pm Mon. closed

## OFFICE HOURS & GIFT SHOP

Tue.-Fri., 10am-3pm Sun., 12-1pm Sat. and Mon. closed **Abstinence:** All healthy Catholics over the age of 14 are expected to abstain from eathing meat on Ash Wednesday, all Fridays in Lent and on Good Friday of Holy Week. Abstinence includes all meat, but consuming eggs, milk products or condiments made of animal fat is permitted.

**Almsgiving:** Jesus teaches that giving alms means making the needs of others our own, especially the needy of our world. Almsgiving is not just for the wealthy. We all have something material to give. Donate personal possessions, donate food, donate money. The faithful also are encouraged to donate their time in service to the poor.

Ash Wednesday is the first day of Lent and a wonderful opportunity to make yourself 100% available to God!

How available to God are you? 50%? 75%? 96.4%? No matter what your answer, Ash Wednesday is the perfect time to decide that you will spend this Lent increasing that number.

Repentance is a powerful invitation. When John the Baptist first appeared in the desert of Judea, this was his message: "Repent, prepare the way of the Lord" (Matthew 3:2). Later, when Jesus began his ministry, he led with this message: "Repent, for the kingdom of heaven is at hand" (Matthew 4:17).



May you all have a blessed and reflective Lent!

Very Reverend Christopher Hai Tran